

Formula 18: included days 1,2,3,4,5,6,7,8,9,10,11,12,13,14,15,16,17,18,19,20,21,22,23,24,25,26,27,28,29,30 (AM) and 1,2,3,4,5,6,7,8,9,10,11,12,13,14,15,16,17,18,19,20,21,22,23,24,25,26,27,28,29,30 (PM)

Supplement Facts	
Serving Size 1 Capsule	
Servings Per Container 60	
Amount Per Serving	% Daily Value
Vitamin D ₃ 1000 IU.....	250%
Proprietary Blend.....	500 mg
Tomato Concentrate, Turmeric (rhizome) (<i>Curcuma longa</i>), Royal Jelly Concentrate, Pine Bark Extract (<i>Pinus massoniana</i>), Natto Concentrate (Fermented Non-GMO Soy/Saccharomyces Cerevisiae), Coriander (leaf) (<i>Coriandrum sativum</i>), Oregano (leaf) (<i>Origanum syriacum</i>)	
*Daily Value Not Established	

Other Ingredients: Vegetable Cellulose Capsule
Contains Soy

Formula 21: included days 1,2,3,4,5,6,7,8,9,10,11,12,13,14,15,16,17,18,19,20,21,22,23,24,25,26,27,28,29,30 (AM) and 1,2,3,4,5,6,7,8,9,10,11,12,13,14,15,16,17,18,19,20,21,22,23,24,25,26,27,28,29,30 (PM)

Supplement Facts	
Serving Size 1 Capsule	
Servings Per Container 60	
Amount Per Serving	% Daily Value
Betaine Hydrochloric Acid.....	550mg*
*Daily Value Not Established	

Other Ingredients: Vegetable Cellulose Capsule
Formula 24: included day 26 (AM)

Supplement Facts	
Serving Size 1 Capsule	
Servings Per Container 1	
Amount Per Serving	% Daily Value
Proprietary Blend.....	507mg*
Psyllium (husk), Hawthorne (berry), Butcher's Broom (root), Gold Coin Grass (herb) (<i>Lysimachia christina</i>), Bitter Orange Extract, Asafetida (resin), Policosanol, Licorice (root), Guggul, Noni (fruit seed), Amylase, Diastase, Apple Cider Vinegar, Potease, Pepsin, Lipase, Lactase, Invertase, Cellulase	
*Daily Value Not Established	

Other Ingredients: Vegetable Cellulose Capsule
Formula 25: included day 28 (AM)

Supplement Facts	
Serving Size 1 Capsule	
Servings Per Container 1	
Amount Per Serving	% Daily Value
Proprietary Blend.....	469mg*
Nopal Cactus (pad) (<i>Opuntia ficus-indica</i>), Natto Concentrate (Fermented Non-GMO Soy/Saccharomyces Cerevisiae), Chrysin, Conjugated Linoleic Acid, <i>Garcinia</i> Extract, Noni (fruit, seed), Guarana (seed), Green Tea Extract (<i>Carmellia sinensis</i>), Modified Citrus Pectin, Turmeric (rhizome), Bitter Melon (gourd) (<i>Momordica charantia</i>)	
*Daily Value Not Established	

Other Ingredients: Vegetable Cellulose Capsule
CONTAINS MILK, SOY
Formula 28: included day 1 (PM)

Supplement Facts	
Serving Size 1 Capsule	
Servings Per Container 1	
Amount Per Serving	% Daily Value
Glutathione (GSH).....	250mg*
*Daily Value Not Established	

Other Ingredients: Stabilized Rice Protein, Vegetable Cellulose Capsule
Formula 31: included day 4 (AM)

Supplement Facts	
Serving Size 1 Capsule	
Servings Per Container 1	
Amount Per Serving	% Daily Value
Proprietary Blend.....	500mg*
Free-form Amino acids (rice source), Noni (fruit, seed), Bladderwrack (frond), Pacific Yew (needle), Nopal Cactus (pad) (<i>Opuntia ficus-indica</i>), Kelp (whole), Sea Wrack (whole) (<i>Ascophyllum nodosum</i>), Blue Green Algae (whole) (<i>Aphanizomenon flos-aquae</i>), Chlorella (whole; broken cell wall), Turmeric (rhizome), Bitter Orange Extract, Uva Ursi (leaf) (<i>Arc-tostaphylos pinnica</i>), Yucca (root) (<i>Yucca filamentos</i>), Amylase, Maltase, Apple Cider Vinegar, Protease, Pepsin, Lipase, Lactase, Invertase, Cellulase	
*Daily Value Not Established	

Other Ingredients: Vegetable Cellulose Capsule
Formula 33: included day 14 (AM)

Supplement Facts	
Serving Size 1 Capsule	
Servings Per Container 1	
Amount Per Serving	% Daily Value
Proprietary Blend.....	340mg*
Chrysanthemum (flora), Gardenia (fruit), Olive Leaf, Self Heal (herb), Maitake Extract, Stinging Nettle (leaf) Broccoli (bud), Cardamon (seed), Celery (seed), Guggul	
*Daily Value Not Established	

Other Ingredients: Stabilized Rice Bran, Vegetable Cellulose Capsule
Formula 36: included day 16 (AM)

Supplement Facts	
Serving Size 1 Capsule	
Servings Per Container 1	
Amount Per Serving	% Daily Value
Proprietary Blend.....	460mg*
Reishi (fruiting body), Turmeric (rhizome), <i>Polyporus Umbellatus</i> (sclerotium), Bitter Orange Extract, Calcium Alfalfa (herb), Beta-Sitosterol, Beet (root), Blue Green Algae (whole) (<i>Aphanizomenon flos-aquae</i>), Chlorella (whole; broken cell wall process), Noni (fruit, seed), <i>Saccharomyces Cerevisiae</i> , Tomato Concentrate, Asafetida (resin), Cordyceps (fermented mycelial extract), Guggul	
*Daily Value Not Established	

Other Ingredients: Stabilized Rice Protein, Vegetable Cellulose Capsule
Formula 41: included days 3,6,9,12,15,18,21,24,27,30 (AM) and days 3,6,9,12,15,18,21,24,27,30 (PM)

Supplement Facts	
Serving Size 1 Capsule	
Servings Per Container 20	
Amount Per Serving	% Daily Value
Chlorella (whole; broken cell wall).....	200mg*
*Daily Value Not Established	

Other Ingredients: Vegetable Cellulose Capsule

Formula 19: included day 27 (PM)

Supplement Facts	
Serving Size 1 Capsule	
Servings Per Container 1	
Amount Per Serving	% Daily Value
Proprietary Blend.....	290mg*
Nopal Cactus (<i>Opuntia ficus-indica</i>), Arabinogalactan, <i>Cordyceps</i> , (fermented mycelial extract), <i>Cordyceps</i> , (mycelia, fruiting body), Bladderwrack (whole), <i>Saccharomyces Cerevisiae</i> , Chinese Skullcap (root) (<i>Scutellaria baicalensis</i>), Burdock (root), Dandelion (root), Guggul, Lovage (root) (<i>Ligusticum wallichii</i>)	
*Daily Value Not Established	

Other Ingredients: Stabilized Rice Bran, Vegetable Cellulose Capsule

Formula 22: included day 30 (AM)

Supplement Facts	
Serving Size 1 Capsule	
Servings Per Container 1	
Amount Per Serving	% Daily Value
Proprietary Blend.....	279mg*
Quinoa Sprout Concentrate, Bala (<i>Sida cordifolia</i>), Fo-ti (root), Alpha glycerylphosphorylcholine (soy), Colostrum, Propolis, Flower Pollen Extract, Green Tea Extract, <i>Hericium Erinaceus Extract</i> , L-Carnosine, Turmeric (rhizome), Nervonic Acid, Ashitaba (stem, leaf) (<i>Angelica Keiskei</i>), Brahmi (stem, leaf flower), Clubmoss (whole), Lesser Periwinkle (leaf), Blue Green Algae (whole) (<i>Aphanizomenon flos-aquae</i>), Wheat Grass Concentrate, Cayenne Pepper, Maral (root) (<i>Rhaponticum carthamoides</i>), Hyssop (leaf), CoQ-10, Policosanol, Noni (fruit, seed), Protease, Amylase, Maltase, Apple Cider Vinegar, Pepsin, Lipase, Lactase, Invertase, Cellulase	
*Daily Value Not Established	

Other Ingredients: Stabilized Rice Bran, Vegetable Cellulose Capsule
CONTAINS MILK

Formula 26: included days 1,4,7,10,13,16,19,22,25,28 (AM)

Supplement Facts	
Serving Size 1 Capsule	
Servings Per Container 10	
Amount Per Serving	% Daily Value †
Calcium	150mg 15%
Magnesium	75mg 19%
Proprietary Blend.....	856 mg*
Mineral Powder, Noni (fruit, seed) (<i>Morinda citrifolia</i>), Stabilized Rice Bran, Reishi Extract (fruiting body), <i>Hericium Erinaceus Extract</i> (fruiting body), <i>Coriolus Versicolor</i> (mycelia, fruiting body)	
† % Daily Value based on a 2000 calorie diet. *Daily Value Not Established	

Other Ingredients: Vegetable Cellulose Capsule

Formula 29: included day 3 (PM)

Supplement Facts	
Serving Size 1 Capsule	
Servings Per Container 1	
Amount Per Serving	% Daily Value
Proprietary Blend.....	234mg*
Diosmin (<i>citrus source</i>), Propionyl L-Carnitine, Acetyl L-Carnitine Arginate, L-Arginine, Tocotrienol (total Tocotrienols 12mg, predominantly delta-tocotrienol, 10mg typically), Natto Enzyme Concentrate (Fermented), Chrysin Hesperidine (natural orange extract), Long Jack Extract (<i>Eurycoma longifolia</i>), Green Tea Extract, Camu Camu (fruit) Cranberry Concentrate (fruit), Willow (bark), Noni (fruit, seed), Amylase, Maltase, Apple Cider Vinegar, Protease 2, Potease, Pepsin, Lipase, Lactase, Invertase, Cellulase, Ecklonia Cava Extract	
*Daily Value Not Established	

Other Ingredients: Stabilized Rice Bran, Vegetable Cellulose Capsule

Formula 34: included day 19, (PM)

Supplement Facts	
Serving Size 1 Capsule	
Servings Per Container 1	
Amount Per Serving	% Daily Value †
Vitamin C	33mg 55%
Vitamin D ₃	2000IUmg 500%
Zinc	5mg 33%
Arabinogalactan	200mg *
Cranberry Extract	60mg *
Elderberry Extract	15mg *
Green Tea Extract	6mg *
† Percentage Daily Value based on a 2000 calorie diet. *Daily Value Not Established	

Other Ingredients: Mineral Powder, Vegetable Cellulose Capsule

Formula 37: included day 18, (AM)

Supplement Facts	
Serving Size 1 Capsule	
Servings Per Container 1	
Amount Per Serving	% Daily Value
Proprietary Blend.....	385 mg*
Hyssop (leaf), Green Tea Extract, Noni (fruit, seed), Blue Green Algae (whole) (<i>Aphanizomenon flos-aquae</i>), Amylase, Maltase, Apple Cider Vinegar, Protease, Pepsin, Lipase, Lactase, Invertase, Cellulase	
*Daily Value Not Established	

Other Ingredients: Stabilized Rice Bran, Stabilized Rice Protein, Vegetable Cellulose Capsule

Formula 39: included days 29 (PM)

Supplement Facts	
Serving Size 1 Capsule	
Servings Per Container 1	
Amount Per Serving	% Daily Value †
Calories 5	
Calories from Fat 5	
Total Fat 0.5g	1%
DHA (Docosahexaenoic acid from algal oil) 200gm*	
† Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. *Daily Value Not Established	

Other Ingredients: Sunflower Oil, Ascorbyl Palmitate, Sunflower Lecithin, Tocopherols, Rosemary Extract, Vegetable Capsule (corn starch, glycerin, water, carrageenan, sorbitol, beta-carotene, carmel color).

Formula 20: included day 11 (PM)

Supplement Facts	
Serving Size 1 Capsule	
Servings Per Container 1	
Amount Per Serving	% Daily Value
Proprietary Blend.....	250 mg*
Reishi Extract, Bilberry (fruit), Blue Green Algae (whole) (<i>Aphanizomenon flos-aquae</i>), Golden Thread (root) (<i>Coptis chinensis</i>), Guggul, Hyssop (leaf), Self Heal (herb), Turmeric (rhizome)	
*Daily Value Not Established	

Other Ingredients: Stabilized Rice Bran, Vegetable Cellulose Capsule

Formula 23: in days 2,5,8,11,14,17,20,23,26,29 (PM)

Supplement Facts	
Serving Size 1 Capsule	
Servings Per Container 10	
Amount Per Serving	% Daily Value †
Vitamin E 69 IU.....	230%
Proprietary Blend.....	159 mg*
Unrefined Olive Oil, Unrefined Organic Flaxseed Oil, Unrefined Sesame Seed Oil, Unrefined Borage Oil	
*Daily Value Not Established	

Other Ingredients: Bee's Wax, Vegetable Cellulose Capsule, Organic Flaxseed Oil Certified by QAI.

Formula 27: included days 2,5,8,11,14,17,20,23,26,29 (AM) and days 2,5,8,11,14,17,20,23,26,29 (PM)

Supplement Facts	
Serving Size 1 Capsule	
Servings Per Container 20	
Amount Per Serving	% Daily Value
Proprietary Blend.....	516 mg*
Mineral Powder, Noni (fruit,seed), Conjugated Linoleic Acid, Coriander (leaf), Chlorella (whole; broken cell wall), Green Tea Extract, Blue Green Algae (whole) (<i>Aphanizomenon flos-aquae</i>), Rice Protein, Fructooligosaccharides, Reishi Extract, <i>Coriolus Versicolor</i> (mycelia, fruiting body), <i>Hericium Erinaceus Extract</i> (fruiting body), Guggul, Olive Leaf Extract, Aloe Vera (inner leaf), Bitter Orange Extract	
*Daily Value Not Established	

Other Ingredients: Stabilized Rice Bran, Vegetable Cellulose Capsule. **CONTAINS MILK, SOY.**

Formula 30: included day 7 (PM)

Supplement Facts	
Serving Size 1 Capsule	
Servings Per Container 1	
Amount Per Serving	% Daily Value
Flower Pollen Extracts.....	300 mg*
*Daily Value Not Established	

Other Ingredients: Stabilized Rice Bran, Vegetable Cellulose Capsule.

Formula 32: included day 2 (AM)

Supplement Facts	
Serving Size 1 Capsule	
Servings Per Container 1	
Amount Per Serving	% Daily Value
Proprietary Blend.....	495 mg*
Garcinia (fruit), Masson Pine (bark) Extract, Alfalfa (herb), Beta-Sitosterol, Beet (root), Blue Green Algae (whole) (<i>Aphanizomenon flos-aquae</i>), Chlorella (whole; broken cell wall process), Noni (fruit, seed), <i>Saccharomyces Cerevisiae</i> , Tomato Concentrate, Turmeric (rhizome), Cardamon (seed), Maitake Extract	
*Daily Value Not Established	

Other Ingredients: Vegetable Cellulose Capsule

Formula 35: included day 12 (AM)

Supplement Facts	
Serving Size 1 Capsule	
Servings Per Container 1	
Amount Per Serving	% Daily Value
NADH (Nicotinamide adenine dinucleotide).	10 mg*
*Daily Value Not Established	

Other Ingredients: Xylitol, Vegetable Cellulose Capsule.

Formula 38: included day 15 (PM)

Supplement Facts	
Serving Size 1 Capsule	
Servings Per Container 1	
Amount Per Serving	% Daily Value
Proprietary Blend.....	455 mg*
Reishi Extract, Polyporus Umbellatus (sclerotium); Pau D'Arco (bark), Aloe Vera (inner leaf), Carrot (root), Bitter Orange Extract, Milk Thistle (seed), Alfalfa (herb), Beta-Sitosterol, Beet (root), Blue Green Algae (whole) (<i>Aphanizomenon flos-aquae</i>), Chlorella (whole; broken cell wall), Noni (fruit, seed), <i>Saccharomyces Cerevisiae</i> , Tomato Concentrate, Turmeric (rhizome)	
*Daily Value Not Established	

Other Ingredients: Vegetable Cellulose Capsule

Formula 40: included day 25 (PM)

Supplement Facts	
Serving Size 1 Capsule	
Servings Per Container 1	
Amount Per Serving	% Daily Value
Proprietary Blend.....	495 mg*
Nopal Cactus (pad) (<i>Opuntia ficus-indica</i>), Parmelia Lichen (whole) (<i>Xanthoparmelia scabosa</i>), Chikana (whole herb & extract) (<i>Sida cordifolia</i>), Stinging Nettle (leaf), Nucleotides from <i>Sacchaomyces cerevisiae</i> , <i>Agaricus Bisporus</i> Extract (mycelia, fruiting body), Aloe Vera (inner leaf), Hyssop (leaf), Yucca (root) (<i>Yucca filamentos</i>), <i>Cordyceps Sinensis</i> Extract, Milk Thistle (seed), Protease, Oregano (leaf) (<i>Origanum syriacu</i>), Noni (fruit, seed), Amylase, Maltase, Apple Cider Vinegar, Pepsin, Lipase, Lactase, Invertase, Cellulase, Turmeric (rhizome), <i>Coriolus Versicolor</i> (mycelia, fruiting body), Delta Tocotrienol, <i>Cordyceps</i> (mycelia, fruiting body)	
*Daily Value Not Established	

Other Ingredients: Vegetable Cellulose Capsule

Formula 42: in days 3,6,9,12,15,18,21,24,27,30 (PM)

Supplement Facts	
Serving Size 1 Capsule	
Servings Per Container 10	
Amount Per Serving	% Daily Value
Aloe Barbados Concentrate	
(inner leaf gel).....	166 mg*
*Daily Value Not Established	

Other Ingredients: Vegetable Cellulose Capsule

Supplement Facts Continued on the Fold Out Panel

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